

Activity Inspiration List

GET INSPIRED:

This list is provided simply to give you some activity ideas that other SEAS programs are using to meet their program goals and objectives. It is designed to help you get creative, borrow from the ideas of others, and think through a range of ways of approaching how you deliver your program. These ideas are presented in list form. More comprehensive lesson plans are often built around these activities.

SCHOOL PROGRAM ACTIVITY INSPIRATION:

- Nature walks
- Nature walk to find spiders, insects and small life forms and related literacy exercise
- Day hikes
- Winter hike
- Trail building
- Trail maintenance
- Trail tours and guiding (student-led)
- Field trips to estuary, beach, inter-tidal zones, rivers
- Field trips to cultural sites, village sites, archaeological sites
- Learning about culturally modified trees, clam gardens, village sites, smokehouses, root gardens, family trees, history, etc.
- Learning language, building vocabulary, learning names for places, plants, animals, activities, etc.
- Plant harvesting, cedar bark harvesting
- Plant and tree identification and study, with student tours to share learning
- Cedar weaving
- Medicine making with Elders
- Medicine gifting to Elders
- Hunting trip
- Clam digging
- Seaweed harvesting
- Herring grounds visit and processing herring roe on kelp or branches
- Herring stories – student writing and illustration
- Salmon rearing and release
- Salmon tagging
- Beach seining
- Fishing – gillnetting, longline, jigging, crab and prawn
- Hatchery tour
- Fish weir visit
- Dock invertebrate scavenger hunt
- School garden – preparation, planting, tending, weeding, harvesting
- Learning about composting
- Wildlife observation and field notes
- Whale identification and cetacean study
- Wolf education and behaviour study
- Bear ecology learning activities
- Wildlife safety
- Animal tracking
- Hydrophones in the classroom
- Using microscopes to examine pond water and moss
- Science fair
- Student support for science and planning for high school science electives
- Archaeology study and site visits
- Photography
- Multi-media use for science projects
- Water sampling
- Citizen science project on radiation
- Weather study and science projects
- Seasonally themed scavenger hunt
- Writing and artwork to share with Indigenous youth pen pals
- Elders visits
- Presentations from hereditary chiefs, staff, and other knowledge holders (i.e. Elders, botanists, scientists, etc.)
- Resource management office presentations and job-shadowing
- Visitor presentations – student researchers, research institutes
- Summer job presentations
- Current issues – current events, political and policy presentations for students
- Residential school history



- Student involvement in community negotiations and presentations
- Community meetings
- Potlatch
- Earth Day events
- Community salmon festival
- Children's cultural celebration
- Herring celebration
- Team building
- Carpentry
- Traditional tool use
- Fire-building and cooking on fire
- Using and making maps
- Knot tying, rope work
- Student trip planning, safety and preparations
- Camping
- Swimming
- Boat trips
- Sailing trips
- Kayaking trips
- Row boating trips
- Canoeing trips

INTERNSHIP PROGRAM ACTIVITY INSPIRATION:

- Pleasure Craft Operators Certificate
- Boat safety
- Swift Water Rescue technician training
- First aid training
- Kayak training
- Sail training
- Sampling and field research
- Monitoring and observation reports
- Hydrophone training
- Hatchery internship during sperm/egg take
- Hiking
- Backcountry safety
- Territory visits
- BC Parks mentorship
- Trail maintenance
- Overnight camping
- Traditional food harvesting
- Visits to cultural and ecotourism businesses
- Placement with local tourism businesses
- Ecotourism guiding and interpretation training
- Sharing knowledge of language and cultural stories
- Local plant identification and knowledge
- Cedar harvesting
- Cultural learning – dance, drum making
- Wildlife monitoring and research
- Placement with youth camp
- Leadership training
- Job shadowing