Tools to Support Youth On the Land/Water Programs
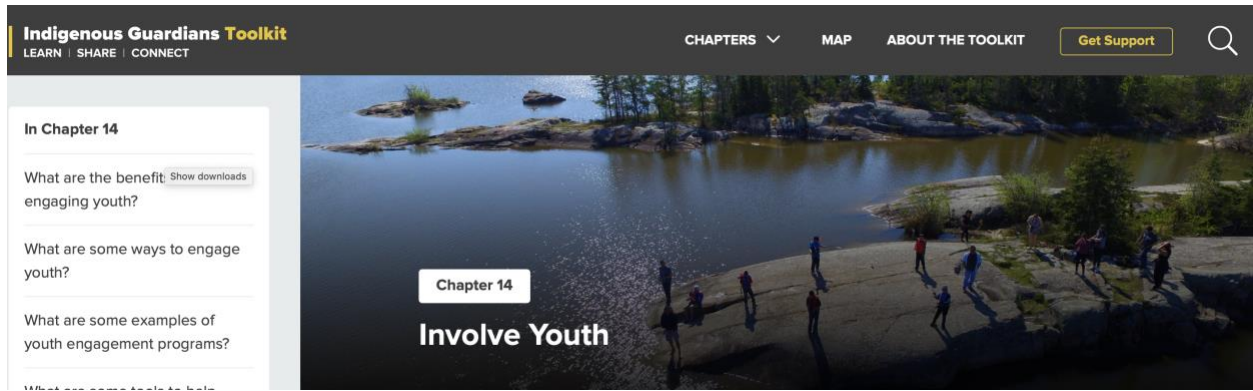**Indigenous Guardians Toolkit Chapter 14: Involve Youth**
Summary of Resources
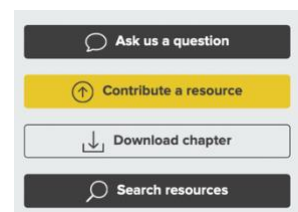**https://www.indigenousguardianstoolkit.ca/chapter/involve-youth**

General Layout:

There are currently five sections in Chapter 14: **benefits of engaging youth**; **ways to engage youth**; **examples of youth engagement programs**; **tools to build/grow programs**; and **funding**.

In this Chapter (and in the whole toolkit), available resources are organized into:
- **Tipsheets**: these are written lists with information/tips that may help you as you think through a particular topic. They are written generally to apply to many programs.
- **Worksheets and Templates**: these are fillable documents where you can brainstorm/record your thoughts on a specific topic in the context of your particular program. They often include key questions it makes sense to think through.
- **Community resources**: these are resources contributed by programs/partners that may be useful as examples for you to learn from.
- **Links**: to websites or online resources of interest.

For more information, see "how is the toolkit organized?" in Chapter 1: Get to Know the Toolkit

Many resources in Chapter 14: Involve Youth are available to download. You are sometimes asked to enter your email address to download them (don't worry, your email will not be shared or added to any listservs when you enter it).

In the same menu bar, there is also a "contribute a resource" button.
Please use this if you have anything to share that you think would be useful for others to see! We are always happy to add examples, tools, resources, etc. to the toolkit to continue to support folks doing this work.

Overview of Information in Each Section of Chapter 14: Involve Youth

1) What are the benefits of engaging youth?
- One great community resource in this section is the SEAS evaluation. This report documents the impacts of one youth program on participants' mental/physical health, connection to territory/culture, leadership skills, and educational attainment. The report also discusses community impacts – e.g., cultural resurgence and economic opportunity.
- We will soon be adding a new resource here: a literature review on the importance and outcomes of on-the-land/water programming for Indigenous youth.

2) What are some ways to engage youth?
- One resource in this section that might be of interest is a tipsheet on ideas for involving youth in Guardian programs (these tips can be applied beyond Guardian programs too).

3) What are some examples of youth engagement programs?
- Here, you will find short descriptions of several youth programs across Canada, as well as a link to each program's website so you can learn more about their model. This is meant to inspire others about what might be possible for their program.
- We are always adding to this list. If you know of a program we should profile, please let us know using the "**contribute a resource**" button (found in the menu bar on every page of the toolkit) or email zahra.remtulla@tnc.org.

4) What are some tools to help build youth engagement programs?
- There are several tools that may be useful in this section. Most of them have been extracted from the SEAS toolkit, a resource developed by Nature United and community partners to support those trying to start or grow youth on-the-land programs.
- The tools in this section have been organized under several headings including work planning templates, budget tools, trip planning templates, consent forms, job descriptions, and reporting tools. One favourite is the activity inspiration list, which is a brainstorm of many different ideas for activities you can do with your youth.
- You can also download the full SEAS toolkit as a PDF here.

5) What are some potential funding sources for youth engagement programs?
- In this section, you will find some information / tips on how to successfully secure funding for your youth on the land/water programming and where to look for funds.
- There is also a PDF "funding placemat" summary that you can download.
- Furthermore, you can click through the links to different potential funding opportunities offered by the Canadian federal government, Canada-wide organizations, Indigenous organizations, corporations, and organizations based in BC, MB, the North, QC/ON.
- Make sure to also check out Chapter 6 of the toolkit (Fund an Indigenous Guardian Program). There is some information here that you may also be able to use to support your youth program, including information on what a program costs, typical budget line items, how Guardian programs are funded across Canada and fundraising tips.

If you have any questions or want to chat more about the youth chapter of the toolkit (or anything else related to youth on the land/water programming, feel free to email Zahra at zahra.remtulla@tnc.org