## Weekend Training Trip Planner

## LAND-BASED TRAINING TRIP PLANNER

Trip Dates:

	ENVIRONMEN	NTAL FACT	TORS										
Terrain (Flat, mountainous, thick, open) We		Weather	Fri	Sat	Sun		<u>Ti</u>	des		Fri	Sat	Sun	Weekend Objective/Goal
Temp (H/			2)			H		ne/ht	)				
Mentors (Knowledge keepers & trainers on trip)  Clouds (Stain (mr		i)				L (tin	ne/ht	)					
		Rain (mm	)			H (ti		me/ht)					
		Wind (kts	)				L (tir	ne/ht	)				
TRAVEL &	CAMP SET-UP	,	COO	RDINAT	ION DE	ТАП	s			SUPPL	ES & GE	AR	MEDEVAC & COMMS
Movement Plan	asks	Key Timings					Meals & Snacks					First Aiders & Qualifications	
Phase 1: Move to Training												1) 2)	
Location & Set up Camp	Base:		Activ	ity/Event	Da	y/Tir	ne			Fri	Sat	Sun	[ <b>]</b> <sup>2)</sup>
☐ Establish Inter External Com		&						B	rkfst				Medical Evacuation Plan Hospital Location:
-	☐ Set up First Aid A	Area						Sı	nack				Medical Link-up Location:
-	Team 1: ☐ Set up Shelters							L	unch				Evacuation Response:
													1
Phase 2: Conduct Training								Sı	nack				Communications (PACE Plan)
Activities							_						Primary:
-	Team 2:								inner				Motorola - Frequencies:
□ Establish Fire													Primary channel: 5
-								Water					2) Alternate channel: 7
								l:					Alternate:
													VHF Radio - Channel 16 (Coast Guard) - Channel (Local)
-							Shelters						
Phase 3: Tear down Camp									-				
& Return Home				<u>Land Transportation</u>									Contingency:
-									Plan				Garmin InReach (***-*****)
	L		I					-					InReach will be in First Aid Area
-	Team 4: □ Set up Outdoor Classroom □			Water Transportation									Emergency: Runner/Driver
-									cial T	raining	Gear Re	auired	
			ĺ					<b>[</b> -					Emergency Services Numbers EMS/RCMP: 911. Health Line: 811
	<sup>_</sup>		ľ					-					Poison Control: 1-800-567-8911